

Your mind is just like a parachute.....

# tMS Crunch

SERVED 12-3, 6-10 EXCEPT FRIDAY AND SATURDAY NIGHTS  
All the following are available in children's half portions.

**tMS Hot Pot Surprise of the DAY .....£7** (Our surprise may be - there ain't one!)

**tMS Non-Breakfast time Breakfast (by demand).....** 2 x Sausage, Bacon,(vegetable sausage/falafel option for Veggies) Fried/poached eggs with mushrooms, tomatoes, Potato cake, Bread and Butter £9 (Cos it's a pain to do at non-breakfast times)

**MOO, CLUCK or QUACK Wrap .....** Sirloin steak. Chicken Breast or Percy's Duck Fillet. Wrapped in Soft Tortilla , with salad and Salsa filling £8

**Suspiciously looking like - Ham, Egg and Chips (Tracy's tip) .....** Succulent off the bone R.I.P Ham on bed of Potato Wedges, topped with fried eggs, tMS boiled and seasoned £9

**tMS Bangers & Mash of Quay .....** 3 x Neighbourly Pork Sausage of the day with slice of same served on a healthy chunky root vegetable mash. Regional Sauce/Gravy £9

**Salads – Rabbit approved, although we can promise no rabbit behaviour**

**Chicken & avocado. OR Smoked Salmon, Cherry Tomato & Feta OR Veggies.....just tell us what you want**  
With Spinach, Rocket and mixed salad vegetables tossed in virgin Olive oil/French dressing mix. All at £8

**tMS Burger with Wedges: Ostrich(£9) or Falafal (V) (£8)**

6oz of lean angry bird or Chick Pea wrapped with Salsa in a soft Tortilla served with Potato Wedgies(painless) and side salad dressing.

**Burmese Style Curries – Vegetable (V). £8 for chicken lovers, £10 for Chicken eaters**

Asian sweet, sour and spicy flavors delicately captured in a traditional Curry sauce. Savour the flavor and toast the well being of the displaced people of Burma. Euro Veggie mix of Pepper, Courgette, Onion, Mushroom.

**Bunny Chow, Indonesian Spiced Veggie Mix £8 (V), with Chicken tax £9**

An African adapted street food designed to bend the indiscretions of Apartheid when a Durban restaurant was forbidden to serve food on a plate to non-whites. Locally known a Bunny. A vegetable Malay Sweet Sour/ mix served inside an organic Wholemeal loaf with steamed rice.

**Dishes on Side, all at £30 less 90% discount.** tMS spiced Wedges, Side Salad, turmeric Rice, tMS Coleslaw, Baked Beans, Root Vegetable mash, Loose screws and odd socks, £3 to non-Einsteiners

**Desserts** .....

Not as pouncey as the restaurant menu, simple portions of either Cheese Cake, Chocolate Fudge Tart, Raspberry/Elderflower Mouse(if trapped),Ice cream or whatever Chefs got going **£4.50**

**JOIN US FOR 'KICK YOUR SHOES OFF' SUNDAY LUNCH..... FUN AND INTGERACTION FOR ALL, A KIDS SOCKLINGS CLUB FOR COOKING, ENTERTAINMENT AND HOSPITALITY. CHILL OUT, MEET AND CHAT. LOTS OF FUN AND PURPOSE.....ITS YOUR DAY AT YOUR SECONDD HOME**

.....it only works when open